

Brunoise Trio

carrot (40%), leek (30%), onion (30%)



Nutrition information (100g)

Energy 132kJ/31kcal

Fat 0.4g

Fat of which saturates 0.1g

Carbohydrate 4.9g

Carbohydrate of which sugars 4g

Fibre 2g

Protein 1.1g

Salt 0.03g

Preparation



Heat 1-2 tablespoons of vegetable oil in a frying pan. Put the desired quantity of frozen product in the frying pan and cook over medium heat, stirring frequently.



Place the frozen vegetables in water and bring back to the boil. Drain and season to taste.



Put the desired quantity of frozen product in a non-metallic microwavable bowl, cover and cook, stirring occasionally.



Cook frozen product in a steamer. Be careful not to overcook, stirring occasionally.

Allergens

Celery



Logistical information (euro pallet)



2,5kg

Item code: 10005593

Number and weight: 4x2,5kg

Layer/cartons (subject to modification): 7x9

GTIN CU: 05411361212677

GTIN SU: 05411361212684

Languages:

NL;FR;DE;UK;ES;PT;IT;DK;SE;NO;FI;GR;CZ;S

K;PL;HU;HR;SL;RO;BG;RU;EE;LV;LT;AR