

Chop suey mix

Our chop suey mix combines a selection of vegetables, including bean sprouts, carrots, onions, and bell peppers, offering a convenient and consistent base for a variety of Asian-inspired dishes. Frozen to preserve freshness, this mix ensures ease of use and quality in every serving.



Key features:

- Assorted vegetable blend tailored for Asian cuisine
- Frozen for optimal freshness and convenience
- Versatile ingredient suitable for a wide range of dishes

Perfect for:

Food service professionals seeking a ready-to-use vegetable mix that ensures consistent quality and enhances the flavour and presentation of their culinary creations.

Applications:

- **Stir-Fries:** Quickly incorporate into stir-fry dishes for added texture and flavour.
- **Noodle and Rice Dishes:** Add to noodle or rice-based dishes to enhance nutritional value and visual appeal.
- **Soups:** Use in soups to provide a variety of textures and flavours.
- **Spring Rolls and Dumplings:** Ideal for fillings in spring rolls, dumplings, and other wrapped dishes.
- **Side Dishes:** Serve sautéed or steamed as a side to complement main courses.

90% vegetables (mung bean sprouts, carrots, green beans, sweet pepper, leek) 10% mushrooms

Nutrition information (100g)

Energy 93kJ/22kcal

Fat 0.1g

Fat of which saturates 0.1g

Preparation



Cook the frozen product in a steamer. Be careful to not overcook. Season to taste.

Heat 1-2 tablespoons of vegetable oil in a frying pan. Put the

Carbohydrate 2.4g

Carbohydrate of which sugars 1.6g

Fibre 2.3g

Protein 1.6g

Salt 0.05g



desired quantity of frozen product in the frying pan and cook over medium heat, stirring frequently.



Put the desired quantity of frozen product in a non-metallic microwaveable bowl, cover and cook, stirring occasionally.

Logistical information (euro pallet)



2,5kg

Item code: 10003661

Number and weight: 4x2,5kg

Layer/cartons (subject to modification): 7x9

GTIN CU: 5411361191385

GTIN SU: 05411361191392

Packaging: polybag

Languages:

CZ,SK,PL,HU,HR,SL,RO,BG,UA,EE,LV,LT,NL,F
R,DE,UK,ES,PT,IT,DK,SE,NO,FI,GR