Artichoke hearts quarters



Nutrition information (100g)

Energy 124kJ/30kcal

Fat 0.5g

Fat of which saturates 0.2g

Carbohydrate 1.9g

Carbohydrate of which sugars 1.9g

Fibre 4.9g

Protein 2.0g

Salt 0.45g

Preparation

Place in boiling water and bring back to boil. For cooking time, follow the instructions on the packaging.

Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Logistical information (euro pallet)



10.0 kg
Item code: 10001409
Number and weight: 1x10.0 kg
Layer/cartons (subject to modification): 7x9
GTIN CU: 5411361058046
GTIN SU: 05411361058046
Packaging: polybag

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